To our generous sponsors, donors, community partners, practitioners, and volunteers, “Thank you!”

Together, we made 2016 a phenomenal year. With your support, we provided treatment for more than 500 Veterans in the Fort Collins clinic, and reached many more veterans through dozens of outreach service events.

Together we...

- Provided 2,668 treatment sessions in the Fort Collins clinic. 2016 was the third year in a row Healing Warriors Program has sustained more than 40% annual year-over-year growth.

- Expanded geographically providing regular services in Denver, Colorado Springs and Longmont, through monthly Pop-up clinics.

- Completed a one year partnership with the United States Air Force Academy that examined the impacts of the non-narcotic treatments Healing Warriors Program pioneers. Analysis indicated “that individuals undergoing Healing Warriors Program treatments exhibit a statistically significant improvement” over the short term and advocated for further research to understand the long term improvements to Veterans’ quality of life.

- We appreciate the efforts of all our sponsors and want to note the outstanding dedication of co-founder, Ana Yelen, who received the Veterans of Foreign Wars (VFW) Post 1 Citizen of the Year Award.

As you look through this year’s report, we hope you take great pride in your part in these accomplishments and find inspiration to help us reach more veterans in 2017.

Veteran's Administration and U.S. Census Bureau data suggests that there are more than 20,000 Veteran's in our communities along the Colorado Front Range and Wyoming that experience chronic pain and Post-Traumatic Stress. Nationally, more than 20 Veterans take their own lives every day, while half of all Veterans who seek VA health services are living with chronic pain. Together, we’ve shown it doesn't have to be this way for Veterans in our communities.

Together, we can break the chains of Post-Traumatic Stress and chronic pain so that every Veteran can thrive.

Thank you for your continuing support and with all our gratitude,

Healing Warriors Program
Board of Directors

Ana Yelen,
Executive Director
Sessions delivered at the Fort Collins clinic increased by 69% this past year. Among the most significant factor in growth was a $21,000 grant award from the State of Colorado enabling us to expand our free treatment programs for sleep, pain and post traumatic stress.

Further, our relationship with local area medical professionals, and with the Veterans Administration, was reinforced by our mutual goal of offering non-narcotic options for pain management. This resulted in a significant increase in the demand for services.

This chart represents a composite view of average treatment results across the 3 modalities provided: Acupuncture, CranioSacral therapy and Healing Touch therapy.

In 2015-2016, HWP participated in an Operations Research Capstone project with the US Air Force Academy. The capstone focused on Complementary and Integrative Health analysis of quality of life measures of HWP clients. The team found statistically-significant short term improvement leading to a recommendation for further study as no long-term data was yet available.

In late 2016, HWP introduced a program focused on sleep improvement. Similar to the Camp Pendleton PTSD study protocols, treatment included 6 sessions of Healing Touch and Guided Imagery. HWP is currently working on a way to better understand sleep disturbance. We have begun using the Insomnia Severity Index as a means to gather more insights and monitor changes.

©HEALING WARRIORS PROGRAM 2017
Healing Warriors Program serves the Veteran or Active Duty service member, and their spouse/partner and parent. Proof of military service is all that is needed.

HWP clients come primarily from the Colorado front range; approximately 10% come from other states including Wyoming, Texas, Nebraska, New York and Florida.

Our clients represent a diverse ethnic group. Of those reporting, 80% are Caucasian, 8% are Hispanic, 4% are Native American, 4% African-American and 4% Other.

Fort Collins
HWP Headquarters & Clinic

Longmont
Pop-Up Clinic

Denver
Pop-Up Clinic

Colorado Springs
Pop-Up Clinic

With our Fort Collins Clinic and network of monthly Pop-Up Clinics, we serve Veterans and their families in Front Range communities between Cheyenne and Laramie, WY to Pueblo, CO.

U.S. Census Bureau and Veterans Administration data indicate there are more than 20,000 Veterans in these communities that have experienced Post-Traumatic Stress and chronic pain.
"I LOVE THIS PLACE AND THE PEOPLE HERE. I WISH THIS STAFF WAS AVAILABLE IN HOSPITALS."

J. G. United States Army

**OUR TEAM**

- **Brian Fash**
  - Board President
  - USAF

- **Shelley Poland**
  - Board Vice President

- **Joel Thomas**
  - Board Treasurer
  - CONG

- **David Gleason**
  - Board Secretary
  - USMC

- **Tasia Brick**
  - Board Member
  - USN

- **Ana Pallés Yelen**
  - Executive Director

- **Rhonda Hitchcock**
  - Financial Manager

- **Jenna Mears**
  - Acupuncture Director

- **Tanya Pratkelis**
  - Craniosacral Director

- **Jackie Cooper**
  - Healing Touch Director

- **Deb Buonassisi**
  - Grants & Outreach USAF (ret)

- **Russ E. Ayer**
  - Council of Advisors
  - USMC (ret)

- **Dr. Reed Bonnafonda**
  - Council of Advisors
  - US Mer. Marine Aca

- **Olivia Leyshock**
  - Council of Advisors
  - WY Air Nat Guard

**HWP DIAMOND DONORS $10,000**
- Wyatts Wet Goods
- Riley Industries
- YeLEN Family
- ANONYMOUS 1
- ANONYMOUS 2
- ANONYMOUS 3
- ANONYMOUS 4

**HWP SAPPHIRE DONORS $5,000**
- Peter and Cynthia Cranstone
- Craig Realty Group
- PallèS Family

**HWP RUBY DONORS $2,500**
- Gleason Family
- O’Hair Family
- Patrick Broe

**GRANT AWARDS 2016**
- Disabled Veterans National Foundation
- Veterans Passport to Hope
- Veterans Assistance Grant
- Bohemian Foundation Pharos Grant
- OTTERcaRES Foundation
- Elevations Foundation
- NY Life Foundation
- Fort Collins Breakfast Rotary Charitable Foundation

**AWARD DONATIONS**
- Group Publishing Award
- OmniTrax
- Poudre Valley REA
- Wells Fargo Community Support

**HWP 2016 SPONSORS**
- Wilburs Total Beverage
- Republic National Distributing Company
- Get Connected Events
- Sword and Plough, LLC

... AND ALL OF OUR VOLUNTEERS

"Heard about HWP from the Cheyenne VA. I needed help with a mild brain injury. I am very impressed with the professionalism and friendly staff. This is a very impressive program! This should be offered ALL over the USA!"  

N.L. United States Army

©Healing Warriors Program 2017